

NHS Cheshire and Merseyside: Living Well Bus

The Living Well Service is built on the principles of listening to seldom-heard communities and meeting their needs by bringing the right services to them.

One third of the population in Cheshire and Merseyside live in the most deprived 20% areas of England and life expectancy in parts of the region is amongst the lowest. In areas of higher deprivation there is a higher prevalence of conditions such as obesity, diabetes and heart disease.

This service, delivered by Cheshire and Wirral Partnership NHS Foundation Trust, is the first of its kind nationally, offering a consistent health and care approach to all communities across Cheshire and Merseyside. Operating as a drop-in service the Living Well Bus supports communities to live well through:

- Blood pressure checks
- Pulse checks
- Cholesterol checks
- Blood glucose checks
- BMI checks
- Direct referrals to talking therapies
- COVID-19 vaccinations

The mobile health and wellbeing service was recently a finalist and highly commended in the Estates Optimisation Project of the Year at the HSJ Partnership Awards 2023 in recognition of its achievements to date addressing key health inequalities.

