

Our Ref: ID 1572

NHS Wirral Clinical Commissioning Group
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Re: Freedom of Information Request - CBT

Thank you for your request for information made under the Freedom of Information Act 2000, which was received into this office on 26th November 2019.

You Asked for:

1. Please state how much you have spent in (i) 2017-18 and (ii) 2018-19 on sessions of cognitive behavioural therapy for your patients.
2. In 2018-19 please state what different types of psychological problems were addressed by sessions of cognitive behavioural therapy.
3. In 2018-19 how many patients suffering from anxiety were treated for anxiety with sessions of cognitive behavioural therapy that were funded by your Clinical Commissioning Group (CCG)?

Our Response:

1. The current contract was paid as part of a block contract.
2. The data is not available for this request at this level due to the changes in Provider organisation.
3. Please see the answer for question 2.

We hope this information is useful, however if you require any further information please do not hesitate to contact a member of the Corporate Affairs Team (contact details at the top of this letter)

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