

Corporate Officer
Direct Line: 0151 643 5334
Email: foirequests.nhswirralccg@nhs.net

Date: 6th March 2018

Our Ref: ID 1045



Wirral

Clinical Commissioning Group

NHS Wirral Clinical Commissioning Group
Old Market House
Hamilton Street
Birkenhead
Wirral
CH41 5AL
Tel: 0151 651 0011

Re: Freedom of Information Request

Thank you for your request for information made under the Freedom of Information Act 2000 which was received into this office on 14th February 2018.

You asked for:

I am writing to understand what support is offered to people with Inflammatory Bowel Disease, living within your CCG, to enable them to self-manage their Crohn's Disease or Ulcerative Colitis. In particular,

1. Does your CCG offer specific programmes for people with Crohn's and Colitis (inflammatory Bowel Disease) tailored to their condition to support them to self-manage? What does it cover?
2. If you do not offer specific programmes/support, what generic self-management support can people with IBD access and what does it cover?
3. How do people with IBD access support to self-manage their condition in (a) primary care (b) secondary care?
4. How many people with inflammatory bowel disease have accessed self-management programmes or support in (a) 2015 (b) 2016 (c) 2017
5. What (a) specialist (b) generic tools are available locally to support people with Inflammatory Bowel Disease to self-manage their condition
6. What information, support and advice does your CCG signpost people living or affected by Inflammatory Bowel Disease to?

Our Response:

1. NHS Wirral Clinical Commissioning Group (CCG) does not commission specific programmes for patients with Inflammatory Bowel Disease.
2. There are Healthy Bowel clinics/home visits and patients with IBD can access the service for generic support. This includes bowel assessment/review, lifestyle advice

including diet and fluid intake, defecating techniques, physiotherapy, support with medication, referral to secondary care if red flags recognised.

3. Patients have access to self- referral, should they require it.
4. NHS Wirral CCG does not hold the level of information you have requested and therefore I would recommend for you to contact the service provider direct. I have included their details below:

FOI Officer
Wirral Community NHS Foundation Trust
St Catherine's Health Centre
Derby Road
Birkenhead
Wirral
CH42 0LQ

Email: wcnt.foi@nhs.net

5. Patients are provided with Quality of life tool to measure improvement, Bowel charts, Food Diary, Fibre Score tool, generic patient information leaflets for Constipation and Faecal Incontinence.
6. Patients have access to patient advisory line Monday – Friday during core business hours.

We hope this information is useful, however if you require any further information please do not hesitate to contact a member of the Corporate Affairs Team (contact details at the top of this letter)

Yours sincerely

NHS Wirral Clinical Commissioning Group

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