

NHS Wirral Clinical Commissioning Group
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Re: Freedom of Information Request

Thank you for your request for information made under the Freedom of Information Act 2000 which was received by the Corporate Affairs Team on the 13th July 2017

You Asked for:

GENERAL

Please state the name of your clinical commissioning group:

NHS Wirral Clinical Commissioning Group.

Who is the designated policy lead for weight management/obesity-related intervention provision in your CCG?

Heather Harrington – WICCG.intouch@nhs.net

NHS Wirral Clinical Commissioning Group is unable to provide the further information requested as the weight management service is provided by Wirral Community NHS Foundation Trust (WCFT) and I have included their contact information below for you to contact them directly:

FOI@wirralct.nhs.uk

PREVALENCE

Please state the number of patients requiring weight management intervention(s) in the past years 2014, 2015 and 2016 by tier 1, 2, 3 or 4.

SERVICE PROVISION

General

What tier weight management intervention(s) do you commission? Please select all that apply:

Who is the commissioned organisation to deliver the intervention? Please specify and indicate which tiers each intervention covers (e.g. Tier 3, Tier 4 etc):

Please state the name of the relevant organisation and intervention previously provided that has been decommissioned in the past five years.

Referral route and entry criteria

How do patients access this intervention(s)? Please select all that apply from the list below:

- Universally available
- Self-referral
- GP/nurse referral
- Other health professional referral
- Direct referral from NHS Health Checks

What is the eligibility criteria for adults? Please select all that apply from the list below:

- BMI
- Postnatal Black and Minority Ethnic (BME) groups
- People with learning disabilities
- People with poor mental health
- People with physical disabilities
- Low income groups
- Unemployed
- Other, please specify:

Intervention details

What is the title and name of the intervention(s)?

What are the aims and objectives of these intervention(s)?

What NICE guidance is the intervention(s) based on?

- NICE Guidance PH47
- NICE Guidance PH53
- NICE Guidance CG43
- NICE Guidance PH27
- Other:

How long does the intervention last for? Please specify in weeks, months and years:

What is covered by the intervention?

- Behaviour change concept - please specify under 'other'
- Healthy eating principles - please specify under 'other'
- Physical activity
- Physical activity theory
- Prescription drugs
- Building resilience
- Other, please specify:

Cost

What is the amount that has been spent on all commissioned weight management intervention by your CCG, and amount budgeted for the 2014/2015 2015/2016 and 2016/2017 financial years?

What is this spend as a percentage of the total health programme spend for your local authority for the years 2014/2015, 2015/2016 and 2016/2017 financial years?

How long is the intervention commissioned for? Please specify in months/years:

How many individuals access or are referred these intervention(s)?

How many individuals are eligible to access the intervention(s)?

What is the average weight loss at the end of the intervention (%)?

What is the average weight loss at 12 months (%)?

How many patients as a percentage of those receiving obesity interventions have sustained weight loss beyond the 12 months following the intervention?

As a percentage, how many people have voluntarily ceased receiving an intervention before its completion in the years 2014, 2015 and 2016.

Exit routes

Are participants directed into any other intervention(s) at the end? The CCG does not hold this information however

— Yes

— No

— Please specify:

Additional Comments

Please provide any additional comments relating to weight management services in your area that you have.

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