

Re: Freedom of Information Request

Thank you for your request for information made under the Freedom of Information Act 2000 which was received by the Corporate Affairs Team on Tuesday 2nd May 2017.

You Asked for:

- 1. What assessment, if any, has your CCG made on the number of people with Parkinson's accessing mental health services in your CCG area?**

NHS Wirral Clinical Commissioning Group (CCG) does hold information relating to patients accessing mental health services for those people with Parkinson's disease, however, this does not provide the ratio of those accessing services to those with a diagnosis. This information has not been analysed in regard to need.

- 2. In your CCG area please state whether people with Parkinson's can access mental health services through each of the following pathways:**
 - a. By referring themselves directly**
 - b. By visiting their GP**
 - c. Their Parkinson's specialist (for example a consultant neurologist, consultant in the care of the elderly or Parkinson's Nurse) referring directly into mental health services**
 - d. Mental health professional forming part of a multidisciplinary team for Parkinson's**
 - e. Other – please specify**

Wirral patients with Parkinson's disease can access psychological therapies directly through self-referral, GP referral or asking their Parkinson specialist to refer in to the service provided by Inclusion Matters Wirral. For those individuals needing to access specialist mental health services, a referral will need to be made by the GP or Parkinsons Health specialist.

- 3. Do you currently commission any psychological support or other mental health services specifically for people with neurological conditions? If yes, please state**

which neurological conditions and the type of mental health support that is commissioned.

Patients on Wirral with neurological conditions can access either primary care psychological therapies or secondary care services. NHS Wirral CCG currently commissions specific Memory Assessment, Acquired Brain Injury, Alcohol Related Brain Disorder and Early Onset dementia services. These services consist of a multi-disciplinary team of Consultants and Mental Health practitioners.

- 4. Does your Parkinson's service have access to any of the following mental health professionals? If yes please outline the pathway for accessing the mental health professional.**
- a. Clinical psychologist**
 - b. Psychiatrist**
 - c. Neuropsychologist**
 - d. Neuropsychiatrist**
 - e. Other mental health specialist, such as community psychiatric nurse. Please specify which professional.**

Unfortunately, NHS Wirral Clinical Commissioning Group does not hold this information. I would advise for you to contact the provider organisations, Wirral University Teaching Hospital NHS Foundation Trust and Cheshire and Wirral Partnership NHS Foundation Trust , directly to request this information. I have provided their details below for your convenience:

Wirral University Teaching Hospital NHS Foundation Trust:
wihtr.AccessToInformationOffice@nhs.net

Cheshire Wirral Partnership NHS Foundation Trust: FOI@cwp.nhs.uk

- 5. Does your CCG currently integrate evidence-based psychological therapies for adults with anxiety and depression with a focus on people living with long-term physical conditions or are there future plans to? If yes, please outline which long-term physical conditions can benefit from the therapies.**

NHS Wirral CCG currently commissions an Improving Access to Psychological Therapies service, Inclusion Matters Wirral, which includes support for people with long term physical health conditions. As part of the Mental Health Five year Forward view, NHS Wirral CCG is committed to developing services further to focus on those individuals with long term health needs, including Parkinson's.

- 6. Has your CCG ever taken any action to promote integration across physical and mental health services for people with Parkinson's or do you have future plans to do so? If yes, please provide details of what action has/or will be taken.**

NHS Wirral CCG is currently in discussions with both mental health providers about the further development of mental health support for people with long term physical health

needs, this includes those with a diagnosis of Parkinsons and to ensure integration with physical health services to improve patient care and experience.

Re- Use of Information

Most of the information that we provide in response to Freedom of Information Act 2000 requests will be subject to copyright protection. In most cases the copyright will be owned by Wirral Clinical Commissioning Group. The copyright in other information may be owned by another person or organisation, as indicated on the information itself.

You are free to use any information supplied for your own non-commercial research or private study purposes. The information may also be used for any other purpose allowed by a limitation or exception in copyright law, such as news reporting. However, any other type of re-use, for example by publishing the information in analogue or digital form, including on the internet, will require the permission of the copyright owner.

For information where the copyright is owned by Wirral Clinical Commissioning Group please e-mail foirequests.nhsWirralccg@nhs.net to request a reuse licence.

For information where the copyright is owned by another person or organisation you must apply to the copyright owner to obtain their permission.