

Wirral Clinical Commissioning Group

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Re: Freedom of Information Request

Thank you for your request for information made under the Freedom of Information Act 2000 which was received into this office on 22.01.2015.

You Asked for:

How many referrals to psychological therapies have been made in each month since August 2014?

Referrals received by NHS Wirral Clinical Commissioning Group psychological therapy providers from August 2014 are included below:

Aug-14	646
Sep-14	781
Oct-14	848
Nov-14	793
Dec-14	741

How many mindfulness sessions have been taken up in each month since August 2014?

There are currently five psychological therapy providers in Wirral; 2 of these providers do not currently offer Mindfulness sessions at present and unfortunately the 3 providers who offer sessions do not record these sessions separately.

I hope this sufficiently answers your FOI enquiry however if you require any further information please do not hesitate to contact a member of the FOI team (contact details at the top of this letter).

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